JBW- again a note of encouragement while I again try to unwind before bedding. It was a very good byt very wasteful day. My legs started to get a little numbx on the way to DC xxx x so the very nice yougg driver stopped so I could walk. Got to the studio to find the NYC crew had not arrived. Walked around in the newsroom for about an hour, not fast enoughx to do good but enough to deter further discomforxt. Plane from NYC stacked over National. (Lil, at bedtime, is just going over the mail. Another rave as the most definitive and not just on JFK from a Swarthmore professor.) Then the studio had electrcal intervervnce the cameras picked up. We finally got that done, one take, once can of film, no retakes, plus another can os silent shots for voice-over. Then my new Newsday freind got hungpppby all the brass flooding on DC. So, expecting troubles, I then had legal papers with me to read and annotate, so not that much waste. I think what the major NYC audience will get will be straight, hard, explicit and definitive. The last word I heard from the mahor-station staff is that we'll be in touch. They appear to want to go farthur. This fits with my Newsday presumption. The three extra F-U copies were for three other staffers to be on strox. And if it pans they'll syndicate....Once we got back here I put my friend inx contact with Memphis sources and have appointments set up. We have a very good chance of proving FBI penetration of the milotant Black Invaders who set of the violence in Memphis. Not only that but friend Les is returning to New York by way of Nashville and on the same plane I'm taking so we can go over what he accomplished. Obviously all other mattters have had to slide, but I'll be OK in my speech if I'm not too tired (lose hourx in time zones).Daily I become more convinced that the showboys have messed up the JFK prospects so I'm shifting back to King, where DJ/FBI have hangups and I'm in court. This does not mean abandonments(in court of this, too). It means emphasis. If I'm old enough to be a stiff oak I try to be a young willow. Whatever the odds, we try and we'll see. ... I'm glad I said I would not drive.It still would have been tooo much. I've arranged for legs-up transport to airport and on return from NYC via Metroliner. College friend Floyd with van, armchair between seats back far enough for me to put legs on motor cover for which he has an old studio-couch pillow. We're working thing out!...I'm not saying we'll tear it all up on this hort trip of Les', but I have established FBI penetration of Invaders prior to MLK Mempnis offing so Les is not going to a dry well...Whatever else is there or threatens, hope spring eternal in the breat...I've put on 4#. Breakfast not is an orgabne. With lunch on Newsday it was only Greek Salad. Slads for supper, nuts, slivers cheese for lunches.Sometimes when Lil not her, no lunch. The fat man fights back. Best HW 1/13/76